

DOWN SYNDROME INFORMATION

Down syndrome occurs when an individual has three, rather than two, copies of the 21st chromosome. All people with Down syndrome experience cognitive delays, but the effect is usually mild to moderate and is not indicative of the many strengths and talents that each individual possesses. Quality educational programs, a stimulating home environment, good health care, and positive support from family, friends and the community enable people with Down syndrome to develop their full potential and lead fulfilling lives by attending school, finding work, participating in decisions that affect them, and contributing to society.

- 1 in every 800 babies born is born with Down syndrome.
- 80 percent of children with Down syndrome are born to women under 35 years of age.
- More than 350,000 people living with Down syndrome in the United States
- It affects people of all ages, races and economic levels.

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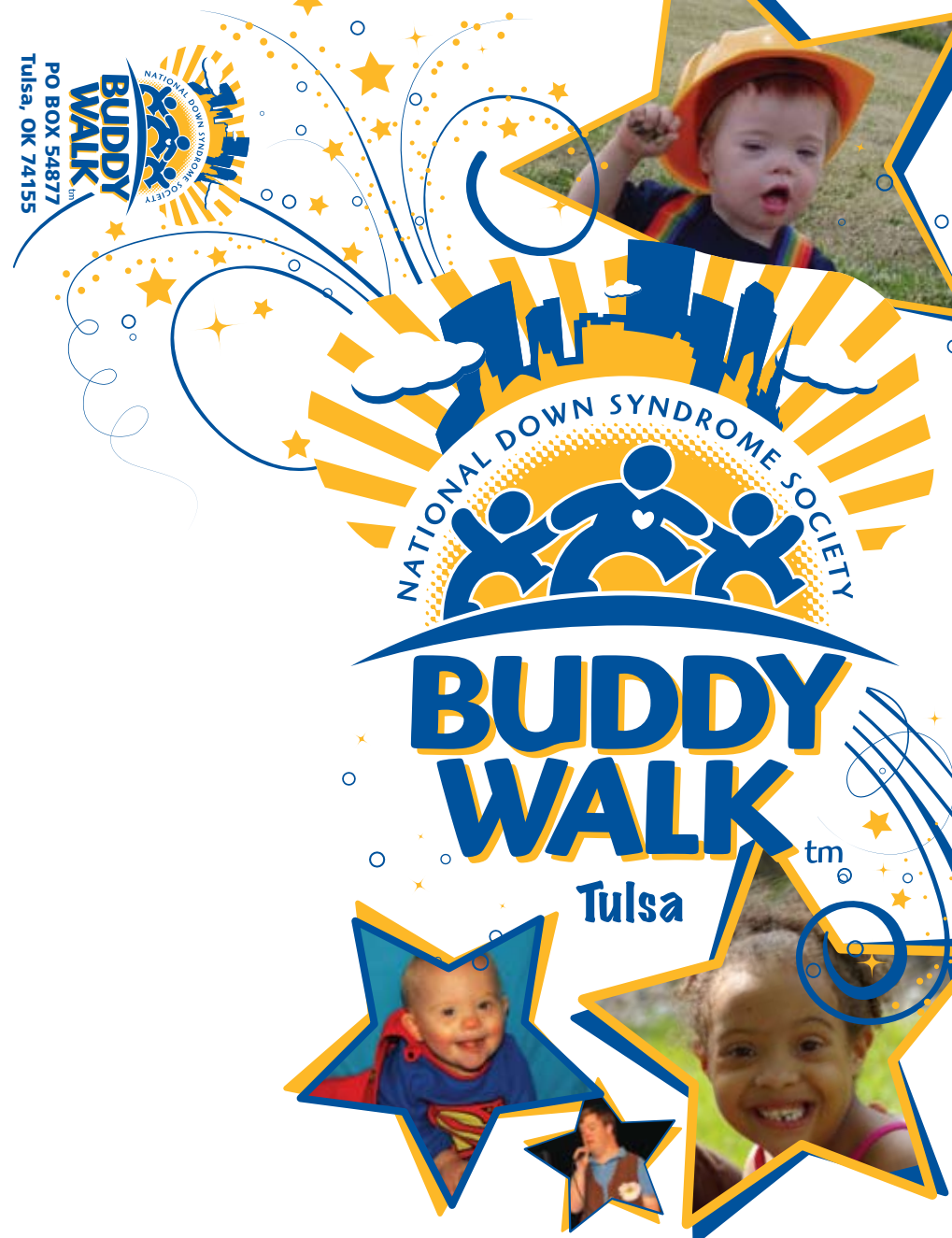
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PO BOX 54877
Tulsa, OK 74155



Sunday, October 18, 2009

2-4 p.m.

**Track at Union High School
66th & Mingo**

DSAT
Down Syndrome Association of Tulsa





Sunday, October 18, 2009

Rain Plan: Bring an umbrella!!

Walk Day Registration begins at 2 p.m.

The registration booth is located at the entrance to the Track at Union High School. To guarantee a t-shirt, you must pre-register by September 30th. There will be shirts available to purchase at the walk, but sizes and quantities will be limited.

Activities

- Ceremony honoring individuals with Down syndrome
- Food by McDonald's
- Carnival Games & Face Painting
- Inflatable Games
- Appearance by Ronald McDonald
- Mascots – Tulsa Drillers, Tulsa 66ers & Tulsa Talons
- Buddy Bookworm
- Anderson Pipe Band
- Arts & Crafts by CampFire USA
- Small animal petting zoo by 4-H Club
- Safari Joes of Adair
- Chatters the Clown
- Army National Guard Mobile Event Team
- The Spirit of X-Athletics
- Faithful Buds (A ministry at Kirk of the Hills for adults with disabilities)
- New Haven Faithful Friends
- Team Pictures by Andrea Shaw Photography
- Akdar Mini Cars
- Shriners Popcorn Wagon
- Tulsa Life Flight
- Tulsa Street Scene – cars and more
- Tulsa Police and Fire Department
- Tulsa Talons Cheerleaders and inflatable

ONLINE REGISTRATION INFORMATION

Register to walk, build walking teams and create your own fundraising page online at www.firstgiving.com/dsat. This website allows you to register yourself and other members of your team, as well as create a web page where you can invite friends and family to sponsor you or your "buddy."

Mailing the paper registration form is unnecessary if registering on-line.

All individuals are ENCOURAGED to register and obtain sponsorships. However, it is not required to attend the Buddy Walk.

WHAT IS A TEAM AND HOW DO I FORM ONE?

A team is a group of people who want to join in the fun and support DSAT and their "buddy." Start by organizing your friends, family, coworkers, classmates and neighbors. Then, choose a team name and register your team at www.firstgiving.com/dsat. Through this website you can register individual members, build your own fundraising web page and email the link to invite friends and family to participate.

NEW THIS YEAR — TEAM PHOTOS

Gather your team and have a professional photograph taken by Andrea Shaw Photography. Proceeds benefit DSAT.

WAYS TO SPONSOR YOUR BUDDY

We encourage all walkers to raise money for their "buddy." Money may be collected by:

- **Internet:** Sponsors may give online with a credit card at www.firstgiving.com/dsat.
- **By Mail:** DSAT, P.O. BOX 54877, Tulsa, OK 74155. Include walkers name and make checks payable to DSAT.
- **Bring to walk:** Collect sponsorships and turn in at donation table on walk day.

All money raised helps support Down syndrome awareness by creating new parent information packets, distributing semi-monthly newsletters, awarding family, self-advocate and educator conference scholarships, sponsoring social functions and providing the public with up-to-date information and handouts.

INCENTIVE PRIZES

Incentive prizes are available for donations at the following levels:

- \$100- \$250 – Ball Cap
- \$251 - \$500 – Above plus leather portfolio
- \$501 - \$1,000 – Above plus apron/BBQ set
- \$1,001 - \$2,500 – Above plus portable cooler
- \$2,500+ – Above plus VIP tent area

Top Fundraiser — Photo will appear in 2010 Buddy Walk brochure

DOWN SYNDROME ASSOCIATION OF TULSA

The Down Syndrome Association of Tulsa (DSAT) is a non-profit, parent-run organization that exists to enhance the lives of individuals with Down syndrome, their families and caregivers.

For more information about DSAT, please visit our website at www.dsat.org or contact Molly Zirix at (918) 496-1873.

REGISTRATION FORM

Register to walk online at www.firstgiving.com/dsat or complete the form below to register by mail.

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

DAYTIME PHONE: _____

EMAIL: _____

____ I am an individual with Down syndrome

No charge for registration and includes one t-shirt
CIRCLE T-SHIRT SIZE: Adult S M L XL XXL Youth XS S M L

____ \$10 individual walker (includes one t-shirt)

CIRCLE T-SHIRT SIZE: Adult S M L XL XXL Youth XS S M L

____ \$25 Family Walkers (includes 3 t-shirts)

WALKER #1 T-SHIRT SIZE: Adult S M L XL XXL Youth XS S M L

WALKER #2 T-SHIRT SIZE: Adult S M L XL XXL Youth XS S M L

WALKER #3 T-SHIRT SIZE: Adult S M L XL XXL Youth XS S M L

Extra T-shirts \$10 each — Indicate number of additional t-shirts you wish to purchase

Adult S _____ M _____ L _____ XL _____ XXL _____

Youth XS _____ S _____ M _____ L _____

____ I am unable to participate in the Buddy Walk but please accept my gift supporting this event and the services of the DSAT. \$ _____

WAIVER

I the undersigned, assume any and all risks that might be associated with the Buddy Walk. I further waive, release and discharge the Down Syndrome Association of Tulsa, their officers, employees, sponsors, organizers, volunteers and other representatives of this event, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child(ren) as a result of taking part in the Buddy Walk or any related activity. I also authorize DSAT the use of any photo, film or videotape taken of me or my minor child(ren) at the event.

Signature: _____ Date: ____ / ____ / 2009

Please complete and return with check or money order to:

DSAT,
PO BOX 54877
Tulsa OK 74155

If registering online, paper registration not required.
Photocopies will be accepted.